

Inclusion Workshops in Germany

In February and March 2012 Camino conducted two Inclusion Workshops in cooperation with the associations "Seitenwechsel e.V." and "Pfeffersport e.V.". The target was to raise awareness for the subject of inclusion in and through sport and develop approaches for the participants to contribute inclusion in their own trainings and their sport associations. The first workshop targeted coaches, sports coordinators and youth workers in the field of football while the second addressed coaches and coordinators who worked in non football areas such as basketball, handball, martial arts, etc.



Activities

Both of the workshops were held in a one day conference format. The workshops took place at the premises of "Pfeffersport e.V." a Berlin sport association with over 3000 members that promotes young people and issues integration through sport in different fields. The target groups of the two workshops were different but we designed the two Workshops similarly. For the second workshop we invited David Hudelist as an expert from our partner organization VIDC where he works in the project "FairPlay. Many colors. One game". David Hudelist participated in the workshop and gave the introduction about SPIN.



Program sequence

1. Introducing the idea of SPIN
2. Introducing game in order for the participants to become acquainted with each other
3. Input lecture: what is inclusion
4. "Wie im richtigen Leben" a method game to understand discrimination and enhance cultural competency
5. "World Café" Expert Exchange with leading questions to develop an understanding of barriers for inclusion and find solutions for sport institutions and trainings
6. Introducing sport games that promotes inclusion in sport trainings



General effects/impact

The workshop raised enhanced awareness for different forms of discrimination and their intersecting. In the workshop we settled a common understanding for inclusion through sport. The expert exchange was very profitable because some of the participants were experienced trainers and distributed a lot of knowledge. It encouraged the groups to debate barriers of inclusion and develops best practices to approach barriers in the trainings and sport associations of the participants.



During the workshop it was expressed that inclusion needs to become policy in all sport associations and that in addition to implementing inclusion methods in sport trainings it must happen from the top down. The group expressed that further workshops and trainings in the area of inclusion would be beneficial.



Specific challenges/problems

In the first workshop we experienced a difficulty with the definitions of inclusion and integration within the group of participants. The second difficulty was when to conduct the workshops: during the week or at the weekend. A lot of the sport trainers have a busy schedule. They coach in the evenings and they participate in games at the weekend, frequently.